**BUSINESSES WHO CAN HELP YOU DECREASE YOUR PLASTICS FOOTPRINT**

**Sisadore <https://sisadore.com/>**

\*Alternatives to promote zero waste living: sustainable beauty and bath; zero waste kitchen

\*Sisters Jennifer and Andrea, who run this on-line business, happen to be Joan A.’s daughters. They will offer you a 10% discount if you use the code UUplastics.

**Nu Grocery** [**https://nugrocery.com/**](https://nugrocery.com/)

\*zero waste grocery; several locations … in person or on-line; wide range of items food and goods

**Terra 20 <https://terra20.com/pages/contact-us>**

\*Several locations + on-line service. Wide range of products. Offers an eco bar where you can refill such items as laundry and dish soap, cleaners, shampoos. Reuse rather than recycle plastic bottles

\*still lots of plastic around

**All Eco <https://alleco.ca>**

\*Bank St. Canadian Made Organic and Eco-friendly Products.

**Eco-Store (Earthub)** [**https://www.earthub.ca/shop**](https://www.earthub.ca/shop)

**\***small selection; local products for local people

**The Natural Food Pantry** [**https://naturalfoodpantry.ca/**](https://naturalfoodpantry.ca/)

\*Several locations; on-line or in person; large range of food, some bulk, supplements; some goods, organic options

\*still lots of plastic around but can bring own containers, bags

**Herb and Spice** [**https://herbandspicewellington.com/**](https://herbandspicewellington.com/)Wellington West Village [**http://www.herbandspiceshop.com/**](http://www.herbandspiceshop.com/)Glebe:Bank St

\*Fresh Fruit and Veg, some bulk, organic options; supplements,