

Welcome to FirstU Ottawa!

UPCOMING SUNDAY SERVICES, 10:30am

September 13: Ingathering, Water Ceremony and Congregational BBQ

HAPPENING SOON

- **Monday September 7** – Labour Day, office is closed
- **Sunday September 13** – Congregational BBQ
- **Sunday September 20** – Black History Ottawa bus tour, sign up in the office.

For details about these events and more, visit our website!

SEPTEMBER OFFERING

Each month, we share our undesignated Sunday offertory 50/50 with a community partner. In September, our offerings support the Ottawa Network for Education Children's Breakfast Program. ONFE's School Breakfast Program provides nutritious breakfasts and snacks every school day. Together, our community ensures that students in the region have the energy they need for physical and intellectual growth.

[School Breakfast Program - Ottawa Network for Education](#)



Make a donation
to FirstU Ottawa



Read this week's eUU

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of reconciliation is a responsibility of our congregation, and of all Canadians.

Reverend Lara Cowtan, Minister, minister@firstunitarianottawa.ca
Mary Ella Keblusek, President, president@firstunitarianottawa.ca
Office: 613-725-1066 firstunitarianottawa.ca

Order of Service

Sunday, September 6, 2026
10:30am

A Summer of Adjacent Possibilities - A FirstU Collective



This Sunday, we'll explore what can happen when we step beyond the familiar. Members of First U will share brief stories of trying something new, following unexpected paths, and discovering surprising possibilities. Together, we'll reflect on how these moments of wonder can spark meaningful change and prepare us to enter September's theme of **A New Beginning** with curiosity, courage, and openness.



Order of Service

WELCOME CHIME

Jonathan Dench

GATHERING SONG

May I be Empty, Batya Levine

BOARD ANNOUNCEMENTS

Carmen Contreras

OPENING WORDS

OPENING HYMN

Joy in the Morning, Adam Podd

Jenn Berntson

CENTERING WORDS

I Dwell in Possibility, Emily Dickinson

Laurie Foster-MacLeod

CHALICE LIGHTING

CHALICE LIGHTING SONG

TIME FOR ALL AGES

The Climb

Jodi McIntosh

SINGING OUR CHILDREN ONWARD

OFFERING

JOYS, SORROWS and SILENCE

ANTHEM

Morning has Broken, arranged by Jim Scott

READING

Finding Arcturus, Richard Wagamese

REFLECTION

A Summer of Adjacent Possibilities

FirstU Collective

CLOSING HYMN

#1051 We Are, Ysaye Barnwell

EXTINGUISHING THE CHALICE

BENEDICTION

SUNG POSTLUDE

Spirit of Life



Please join us for coffee hour after the service!

