

Welcome to FirstU Ottawa!

NEXT SUNDAY'S SERVICE

June 14 at 10:30

A Cracked Cup - Perils of Perfection and the Power of Repair
-Rev. Lara Cowtan

COMING UP

- **Tuesday June 16, 7:30pm** Dance Workshop! FirstU Fundraiser
- **Wednesday June 17, 5 pm** Community Dinner, Fellowship Hall
- **Sunday June 21, 11:30am** Congregational BBQ, Outdoors

For details about these event and more, visit our website!

JUNE OFFERING

Each month, we share our undesignated Sunday offertory 50/50 with a community partner. In May, our offerings support **Serenity Renewal for Families**.



Founded in 1983, SRF supports individuals and families affected by addiction through counselling, workshops, and programs—all in a safe, inclusive environment where no one is turned away for financial reasons. Today, community support is vital to help them continue their important work promoting health and well-being in Ottawa.

MONTHLY TOUR

The monthly FirstU building tour is a casual tour of our building offered on the first Sunday of each month starting at 11:45am from the front of Worship Hall. Today look for Bob (the short guy wearing a cravat), standing in front of the podium at 11:45am.



Make a donation
to FirstU Ottawa



Read this week's eUU

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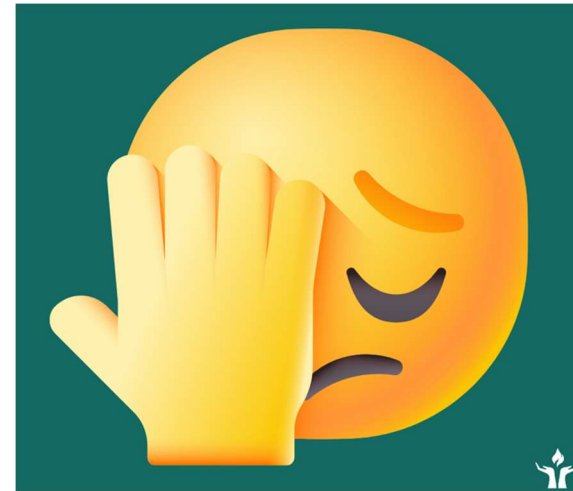
Order of Service

Sunday, June 7, 2026

10:30am

Oops, I Didn't Mean It! On Impact vs. Intention

- Rev. Lara Cowtan



It can be hard to “assume good intentions” when we have been hurt, or to repair what is broken when we have caused harm. How might we deal with unintended impact and find our way back into healthy relationship?



We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of reconciliation is a responsibility of our congregation, and of all Canadians.

Order of Service

WELCOME CHIME

GATHERING SONG

#188 *Come, Come Whoever You Are*

Jenn Berntson

JOYS, SORROWS AND SILENCE

ANTHEM

A Path to Each Other, Hagen and Takash

Choir

BOARD ANNOUNCEMENTS

Chuck Shields

OFFERING

Laurie Foster-MacLeod

WELCOME

Rev. Lara Cowtan

READING

“Intent vs. Impact: Why Your Intentions Don’t Really Matter,” by Jamie Utt

HYMN

#128 *For All That is Our Life*

SERMON

“Oops, I Didn’t Mean It!”

CENTERING WORDS

Paul Julien

HYMN

#1014 *Answering the Call of Love*

CHALICE LIGHTING

CHALICE LIGHTING SONG

TIME FOR ALL AGES

“The Feather Pillow,” A Jewish Folktale

Jodi McIntosh

EXTINGUISHING THE CHALICE

BENEDICTION

SUNG POSTLUDE

#123 *Spirit of Life*



Please join us for coffee hour after the service!

