

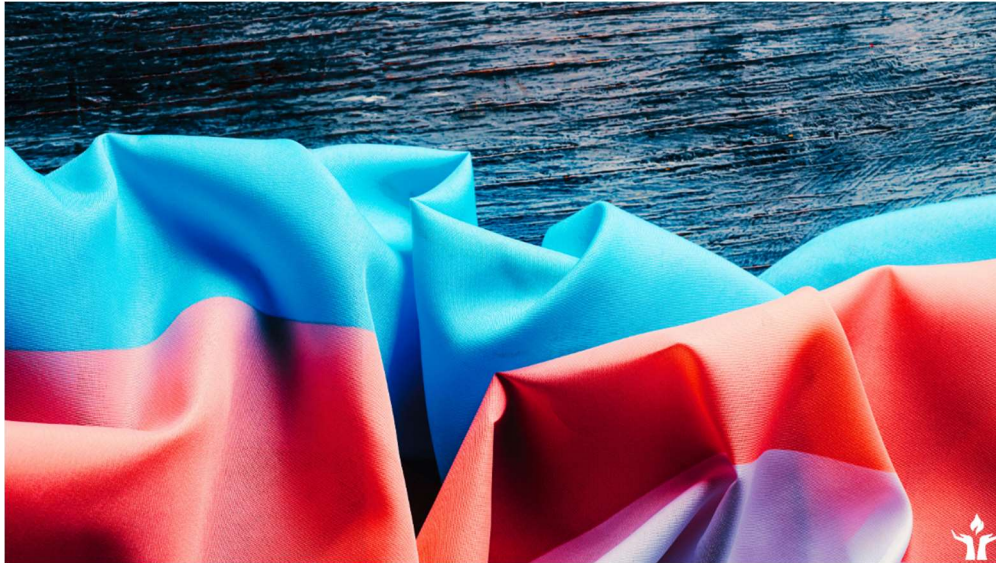
# Weekly e-UU Newsletter - Friday, November 17, 2023

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of [reconciliation is a responsibility of our congregation](#), and of all Canadians.

**Sunday, November 19, 2023**

**Online AND In Person**

***Starts at 10:30am***



## **Armies of Lovers Never Fail**

Reverend Eric Meter

In honour of Trans Day of Remembrance, let us acknowledge those we have lost as well as celebrate the love that carries us toward better days.

*Join us after the service for Coffee Hour in Fellowship Hall*

~\*~

### **Sunday Service Announcements**

If you would like an announcement made during the livestreamed Sunday Service, please email the Board of Directors at [bod@firstunitarianottawa.ca](mailto:bod@firstunitarianottawa.ca) by Friday at 10am. Do allow for time in case there are questions with regard to the announcement. Also note that announcements may need to be edited for length and that time-sensitive announcements may be prioritized.



## **Children's Religious Exploration**

This Sunday, we'll start in the Sanctuary then, after the time for all ages, ALL our UU kids, ages 2-12, will be heading outdoors for a yard cleanup! Dress for the weather, as we'll be outside but, if the weather is inclement we will do an indoor activity in the Rainbow Room.

**Fall Fair is Here!**



**At last! The biggest event of the year is here!  
Join us tomorrow, from 9:30am to 2:00pm  
for FirstU's annual FALL FAIR!**

Fall Fair transforms our congregational spaces into a giant fundraising market, thanks to the efforts of many, many of you! Silent auction, gifts, clothing, linens, books, jewellery, toys and puzzles, flea market, electronics, tools and appliances and more, along with lunch food and baking.

Bring your friends, bring your neighbours, bring your own shopping bags, and explore all the gorgeous gifts, spectacular scores, and unexpected treasures you'll find at the Fair.

**We can't wait to see you at the sale!**

## **Congregational Focus: Climate Action**



Thank you to those of you in the congregation who have encouraged and supported us over this past four years. We welcome your further participation. <https://www.firstunitarianottawa.ca/climate-action.html>

## **Caring Contacts for November**

[Marilen Gerber](#) - 613-848-1688

[Stan Pope](#) - 613-614-3750

*We are all interconnected, interdependent and minister to each other in many ways. Our monthly Caring Contacts take your phone calls and emails when you wish to alert us to a need or a concern or have a joy to celebrate. We try to ensure no one is forgotten and that appropriate help is provided when requested.*

## A Reminder From the Pledge Team

A pledge this fall is a promise to contribute in 2024. You do not need to send the money when you make the pledge. You can [fill out your pledge form online](#), download [this print-at-home version](#), or pick up a paper copy in the Volunteer Room.

## Rewarding and Meaningful Role in FirstU's Caring Network

Our whole congregation forms the Caring Network but depends on a coordinator. The current coordinator is stepping down on December 31 and a successor is needed! The Network is a key part of our congregation's pastoral care ministry. The role takes about 4 hours per month and the person works collaboratively with others on the Network executive. For more information, contact Maryan at [maryan.ohagan@rogers.com](mailto:maryan.ohagan@rogers.com).

Please visit our Volunteer With Us page for details: <https://www.firstunitarianottawa.ca/volunteer-with-us.html>

Chuck Shields, Volunteer Coordinator - [volunteers@firstunitarianottawa.ca](mailto:volunteers@firstunitarianottawa.ca)

## Read All About It



### Parkway Spire Submissions Due!

There are 5 days left to submit your articles for the December edition of the Parkway Spire! Submission deadline has been extended to November 22 so be sure to get those articles ready to send after tomorrow's Fall Fair. We welcome poetry, prose, personal articles and opinion pieces (max 450 words) sent to [spire@firstunitarianottawa.ca](mailto:spire@firstunitarianottawa.ca).



### Poetry Sharing Group

We welcome poetry lovers to join us in celebrating the power of imagination and expression found in poetry, (even bad limericks). Now is the time to mark your diaries.

*We meet once a month via zoom*

*To share and dispel all the gloom*

*It's our poetry time*

*And truly sublime*

*Come join us Dec 1 after noon.*

For details, [email Clea Derwent](mailto:Clea.Derwent@rogers.com).



### Fall Fair Take-Down

Do you have an hour or two to spare on Saturday OR Sunday afternoon? Fall Fair needs your help with packing up after the sale, on both days as some Fall Fair items will still be available for sale before and after our 10:30 Sunday service. If you can help with take-down, contact [fallfair@firstunitarianottawa.ca](mailto:fallfair@firstunitarianottawa.ca).



### Want to know your ancestral roots? Want to raise funds for FirstU? Why not do both?

Hobby-genealogist, Barry Read, has prepared over 50 family trees for members and friends of FirstU. He will research your roots using civil and church and census entries, and provide you with a comprehensive three-ring binder with your detailed ancestral and family trees. What does it cost? Upon receiving and reviewing your personalized binder, simply make a suitable (but non-tax-receptable) donation to FirstU according to your means. If you are interested in finding out more or to ask questions, please email Barry at [baread@rogers.com](mailto:baread@rogers.com) or call 613-592-3369



### Volunteer with The Bookshelf

Volunteers need to help staff the bookshelf.

Requirements: You must like books. You must like people. And you must be willing to staff the bookshelf one Sunday per month. [Contact Marg Z](mailto:Marg.Z@rogers.com) if you'd like to get involved.



# Upcoming Events

## Fall Fair!

**Saturday, November 18 - 9:30am**

Come enjoy some seasonal and pre-Christmas shopping. You'll find a great selection of gift items, clothing, books, silent-auction items, toys and games, linens, knitted goods, home baking and lunch items, and much more! Please bring your own shopping bags.



## Mah Jongg

**Monday, November 20 - 10:00am in Room 3**

Experienced Mah Jongg players are invited to join us for a fun game of Mah Jongg, on the third Monday of every month in Room 3. We are playing American Mah Jongg - with 3-4 people per table - using the 2023 game card. Please bring your own card. [Email Barb Ryan](mailto:Barb.Ryan@firstunitarianottawa.ca) or phone her (613-710-3131) by Friday, November 17, to RSVP. If you can bring a game, please let her know when you RSVP.



## Meditation Group

**Wednesday, November 22 - 7:00pm on Zoom**

Join us on Wednesday evenings for online meditation plus readings from teachers like Thich Nhat Hanh.

[Click HERE to join the meditation session](#)

**Meeting ID:** 880 7343 6250 **Passcode:** 259109



## FirstU Virtual Discussion Circle

**Thursday, November 23 - 1:30pm on Zoom**

Discussion circles are held weekly, with a different topic each week. No pre-registration is required, just drop in by clicking on the link. We look forward to seeing you! This week, our topic is "**All the News That's Fit to Print**".

[ZOOM LINK](#) **Meeting ID:** 847 7145 7780 **Password:** 350030



## Friday (Daytime) Reading for Growth Group

**Friday, November 24 - 1:30pm on Zoom**

Our November book selection, available at Ottawa libraries, is *Stolen Focus: Why You Can't Pay Attention and How to Think Deeply Again*, by Johann Hari. Concerned about his increasing inability to focus and after failed experiments to 'detox' from his devices, the author interviews experts on human attention to uncover what societal forces explain our attention deficit. All are welcome.

[ZOOM LINK](#) **Meeting ID:** 848 6931 2703 **Passcode:** 002396



Visit our calendar for more upcoming events: <https://www.firstunitarianottawa.ca/calendar.html>

# Save the Date

## In Person Bridge

**Sunday, November 26 - 2:00pm in Room 3**

Join us in Room 3 for a fun game of bridge, on the third Sunday of every month.

Email [bridgehost@firstunitarianottawa.ca](mailto:bridgehost@firstunitarianottawa.ca) to RSVP.



## Trivia Quiz Night

**Monday, November 27 - 7:00pm on Zoom**

Join us for our Trivia Quiz! Questions are diverse, fun, and taken from several sources, and there is no need to feel embarrassed about getting an incorrect answer: players score themselves! All you need is a pen or pencil, paper and your "thinking cap". Play alone or team up with a partner or two! For more information, [email Andrew](mailto:Andrew@firstunitarianottawa.ca).

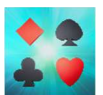
[ZOOM LINK](#) **Meeting ID:** 826 7932 3410 **Passcode:** 101004



## FirstU Online Bridge

**Friday, December 1 - 7:00pm on Zoom**

Join us online for a fun game of bridge, using Zoom and Bridge Base Online, on the first Friday of every month. Email [bridgehost@firstunitarianottawa.ca](mailto:bridgehost@firstunitarianottawa.ca) to RSVP and get the links and ensure your spot.



### FirstU's Winter Choir Concert

**Sunday, December 3 - 7:30pm**

You'll hear everything from Christmas carols to jazz standards to beautiful contemporary classical music.



### Unitarian GoGos Bake Sale

**Sunday, December 10 – 11:30am – Fellowship Hall**

Lots of tasty treats to choose from – squares, tarts, cookies, muffins, breads, biscuits, and specialty items! All in support of the Stephen Lewis Foundation. Cash, cheques, and eTransfers accepted.



### Evening Reading for Growth

**Thursday, December 14 - 7:00pm on Zoom**

For our November discussion, we'll be reading *My Stroke of Insight* by Jill Taylor (How a brain scientist's own stroke led to enlightenment).

[ZOOM LINK](#) Meeting ID: 890 6025 2628 Password: 845374



## News From Our Friends

### Trans Day of Remembrance

**November 20 - 6:30pm - Human Rights Monument**

Join the Ottawa community in honouring Trans Day of Remembrance, a day we honour the transgender people whose lives were lost in acts of anti-transgender violence. Together we can show our love and hold space for each other's grieving.



### Theatre of the Beat presents:

**"I Love You and It Hurts"**

**Saturday, November 25 - 7:00pm - 1830 Kilborn Ave**

This show is comprised of three short plays that reflect lived experiences of elder abuse, healthy masculinity, and intimate partner violence in youth relationships, with a focus on how to recognize the subtle early signs of abuse. [Click HERE for more information.](#) Admission is by donation at the door.



## Chez FirstU

### Harmony Concerts: Christmas with Heather Rankin and Sam Stone

**Saturday, December 2 - 7:00pm**

Canadian sweetheart Heather Rankin followed her Juno Award Nominated solo album, *A Fine Line*, with a Christmas album, *Imagine*. Her angelic voice wraps her listeners in coziness and nostalgia with both original songs, and traditional songs she grew up singing at Christmas. [Get Tickets HERE.](#)



### Harmony Concerts: Anna Ludlows Christmas Kitchen Party

**Saturday, December 9 - 7:00pm**

A down-home East-Coast Christmas with Anna and Ottawa Valley Country Music Hall of Fame inductee Gail Gavin, fusing the traditional Cape Breton music of the Scottish Gàidhealtachd with a modern percussive vibe. [Get tickets HERE.](#)



### Harmony Concerts: A Miss Emily Christmas

**Friday, December 15 - 7:00 pm**

"An angelic voice with just a hint of sultry devilishness. This gal is a rocket ready to take-off!" (Rob Baker). [Get tickets HERE.](#)



### Harmony Concerts: Six13

**Sunday, December 17 - 7:00pm**

Juxtaposing the traditional and the contemporary, Six13 is a groundbreaking, six-man a cappella vocal band that is bringing an unprecedented style and energy to Jewish music, with nothing but the power of the human voice. [Get tickets HERE.](#)



Get the eUU in your inbox: <https://www.firstunitarianottawa.ca/communications.html>