

Weekly e-UU Newsletter ~ Friday, August 18, 2023

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of [reconciliation is a responsibility of our congregation](#), and of all Canadians.

Sunday, August 20, 2023

Online AND In Person

Starts at 10:30am



Queer Joy and Resistance in a Time of Upheaval

With Fae Johnstone

In a time of rising anti-2SLGBTQIA+ hate, as queer people see our humanity, dignity and rights targeted to a degree not seen since the early 2000s, we must remember queer joy and our legacy of queer resistance. Special guest Fae Johnstone will explore all that queer people have to offer the world, and how we can come together, as a community alongside our allies, to meet this moment.

Join us after the service, in Fellowship Hall, for Coffee Hour
Online Fellowship is taking a break, but will return in September.

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Sunday Service Announcements

If you would like an announcement made during the livestreamed Sunday Service, please email the Board of Directors at bod@firstunitarianottawa.ca by Friday at 10am. Do allow for time in case there are questions with regard to the announcement. Also note that announcements may need to be edited for length and that time-sensitive announcements may be prioritized.

Joys and Sorrows

If you would like a stone placed in the water for you during the Joys and Sorrows portion of an upcoming Sunday Service, please email spiritualcare@firstunitarianottawa.ca by Friday at 10am.



Children's Summer Programming

This Sunday, our UU kids are invited to join us outside at 10:30am for free play and a snack. Dress for the weather (it may be raining) and bring a water bottle!

- Health checks will be conducted on site, but don't forget to **use the passive screening criteria on Sunday morning**
- Anyone over 12 will need to have been vaccinated
- Questions? Please email dre@firstunitarianottawa.ca

Congregational Focus: Climate Action



Enjoy your summer! Peruse the Climate Action Page. Relax and refresh with a book, a podcast, a film, or a webinar. New items have been added.

Get the details here: <https://www.firstunitarianottawa.ca/climate-action.html>

Caring Contacts for August

[Alexandra Devine](#) - 613-224-5695

[Bill Wylie](#) - (613) 761-8092

We are all interconnected, interdependent and minister to each other in many ways. Our monthly Caring Contacts take your phone calls and emails when you wish to alert us to a need or a concern or have a joy to celebrate. We try to ensure no one is forgotten and that appropriate help is provided when requested.

Fish Fry Volunteers Needed

The Renewal Task Force needs 6-8 more volunteers for the Welcome Home Fish Fry on Thursday, September 7th. We will work in two shifts, roughly 3:30 to 5:15 and 5:15 to 7:00. [For more information, click HERE.](#)

Specific tasks will be assigned once we have a full roster of volunteers. [If interested, contact Phil.](#)

Please visit our Volunteer With Us page for details: <https://www.firstunitarianottawa.ca/volunteer-with-us.html>

Chuck Shields, Volunteer Coordinator - volunteers@firstunitarianottawa.ca

Read All About It

Fall Fair 2023

Mark your calendars for our big congregational fundraiser on Sat. Nov. 18 and tell your friends!

Sorting jewellery? Please drop off your donations at the office beginning immediately and ongoing, so that the Jewellery Team has time to sort, repair and clean items.

Making preserves? Consider making a few extra to donate to the sale. Questions? Want to volunteer? [Contact](#)

fallfair@firstunitarianottawa.ca.

Grocery Support

The Justice and Equality Action Group has launched our grocery support program which provides some good to the Indigenous young adults participating in Ajashki in our church. We are looking for donations of these items:

- packages of ground beef
- packages of chicken
- bags of potatoes
- bags of rice
- tomato soup
- chicken noodle soup
- Kraft dinner
- cheddar cheese
- gluten free crackers and pasta

Please drop off donations in the Grow Tower room. Meat can go into freezer.

Friday Reading for Growth

The 3 books selected for the months September through November 2023 are non-fiction titles from among those nominated by our members with the caveat that each needed to have at least nine copies available at Ottawa public libraries. The

"winning" entries received the most votes and we think that [this eclectic list will be of interest to many](#). Consider joining our

Zoom discussions on the last Friday of the month. [Contact Clea for Zoom details.](#)

About the Online Photo Directory

Some of you will remember that we tried out an online photo directory that allowed members to upload their own information and photos. Unfortunately, the response was too little to justify the cost, so we discontinued our subscription. We are now

looking into using our existing database to produce a photo directory. We already have head pictures of many members. If the project is feasible we'll develop a version we can print and put on the Members' Page of the website.

Stay Cool at FirstU

Temperatures are still soaring in Ottawa! If you need a comfortable place to escape the heat, FirstU has several air-conditioned spaces which are often available during the week. Call the office - 613-725-1066, Mon-Fri 9:30-4:00pm - to find out what rooms are available on any given day. **Bring a book, bring some cards, bring a friend for a chat. Stay cool!**

Upcoming Events

Gender and Pronouns 101

Sunday, August 20 - 12:30pm

Facilitators Nina and Kris will answer burning questions like "What are neopronouns?" and "What to do if I accidentally misgender someone?" Snacks will be provide. Registration is not required but feel free to [use this online form](#) to let us know you're coming.



Livestream Link for Doug Robinson's Service

Sunday, August 20 - 7:00pm

Doug's friends and family can take part in his memorial service online by [clicking HERE at 7:00pm.](#)



Meditation Group Resumes

Wednesday, August 23 – 7:00pm

The Wednesday Evening Mindfulness Meditation Group returns! We look forward to meditating with you again.



UU Pride Parade Brigade

Sunday, August 27

Meet us downtown (details to follow) or come with us after church on Sunday, August 27. We'll join friends from UUFO and march together in Ottawa's annual Pride Parade! Bring a water bottle and your rainbow umbrella, and dress in your brightest colours.



Visit our calendar for more upcoming events: <https://www.firstunitarianottawa.ca/calendar.html>

Save the Date

Welcome Home Fish Fry

Thursday, September 7 - 4:00pm to 6:30pm

\$20 per person

Save the date! It's Thursday of the first week of school

and you don't have to cook, because it's the day of the Welcome Home Fish Fry. Mike Mundell, the "fish friar" from Kingston, is coming back with his delicious suppers. Eat in or take out. A welcome back treat for the whole family. Meals are \$20 per person, and include a drink. Purchase your meal tickets at the Fish Fry. See you soon!



Unitarian Universalist nUUs



Save the Date! Unicamp YAYA Retreat

Annual CUC Youth and Young Adults Retreat

September 8-11, 2023

The young adult retreat at Unicamp is happening Sept 8-11 (stay two nights or three, your choice). **Open to all young adults ages 18-35.** Bring a friend! Register by Monday September 4. [Click HERE for details and registration.](#)

News from Our Friends

Unitarian House Presents:

Beer Garden in the Courtyard

Friday, August 25 - 4:30pm

20 Cleary

Join us in the Courtyard for a pub-style dinner with live music from Cara Q and Dai Bassett. [Click HERE to see the poster.](#)

Adults \$15, Kids \$10. Drinks extra.



Child Haven International - Fundraising Gala

Saturday, September 16 - 5:00pm

We are very excited to be having an in-person Child Haven fundraiser this year Saturday September 16 2023.

Seating/tickets are limited due to venue size at First Unitarian Congregation 30 Cleary Ave, Ottawa.

Details including ticket purchasing online at <https://childhaven.ca/fundraiser.ottawa2023.html>

