

Weekly e-UU Newsletter ~ Friday, July 14, 2023

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of [reconciliation is a responsibility of our congregation](#), and of all Canadians.

Sunday, July 16, 2022
Online AND In Person
Starts at 10:30am EDT



Aging In Place: Is It Possible?

With Jackie Holzman

"It's not how you die, it's how you live..." Guest speaker, and long-time friend of FirstU, Jackie Holzman calls all those who are still enjoying the company of elder loved ones to ask: "Have you had The Talk?"

Join us after the service, in Fellowship Hall, for Coffee Hour
[Online Fellowship](#) will be available at Noon

~*~

Sunday Service Announcements

If you would like an announcement made during the livestreamed Sunday Service, please email the Board of Directors at bod@firstunitarianottawa.ca by Friday at 10am. Do allow for time in case there are questions with regard to the announcement. Also note that announcements may need to be edited for length and that time-sensitive announcements may be prioritized.

Joys and Sorrows

If you would like a stone placed in the water for you during the Joys and Sorrows portion of an upcoming Sunday Service, please email spiritualcare@firstunitarianottawa.ca by Friday at 10am.

~*~



NO Children's Religious Exploration on July 9

No CRE this Sunday. Please come prepared to have your children with you in the Sanctuary for the whole service. CRE will return next week with outdoor activities.

- Anyone above 12 will need to have been vaccinated
- Health checks will be conducted on site, but don't forget to [use the passive screening criteria on Sunday morning](#)
- Questions? Please email dre@firstunitarianottawa.ca

~*~

Congregational Focus: Climate Action



Enjoy your summer! Peruse the Climate Action Page. Relax and refresh with a book, a podcast, a film, or a webinar. New items have been added.

Get the details here: <https://www.firstunitarianottawa.ca/climate-action.html>

~*~

Caring Contacts for July

[Janet Clayton](#) - 613-733-9566

[Fred Brown](#) - 613-728-5761

We are all interconnected, interdependent and minister to each other in many ways. Our monthly Caring Contacts take your phone calls and emails when you wish to alert us to a need or a concern or have a joy to celebrate. We try to ensure no one is forgotten and that appropriate help is provided when requested.

~*~

Join the FirstU House Band!

We are looking for enthusiastic singers, musicians of all kinds and of all ages to join our FirstU House Band, whose focus is to perform contemporary music. There will be opportunities to perform at Sunday services, Open Mic events, and other special events. Interested? Contact Lisa Sharp at owl@firstunitarianottawa.ca.

Haven't completed the FirstU Participation Survey? Please click here to take part!

<https://www.firstunitarianottawa.ca/volunteer-with-us.html>

Chuck Shields, Volunteer Coordinator - volunteers@firstunitarianottawa.ca

~*~

Read All About It



Mourning Reverend Rod Solano-Quesnel

News of Rev. Rodrigo's death comes as a shock to all of us. Many of you will remember him from his time at FirstU. While he and I participated in numerous CUC zoom calls over the last two years, we only met in person at the CUC Symposium in May. Even more so in person, he impressed with his openness, curiosity and brightness. I also loved noticing that he and his partner Sarah were always together, walking hand in hand. We have lost a leading spirit and friend.

From the CUC: Our hearts are heavy as we mourn the tragic death of Reverend Rodrigo ("Rod") Emilio Solano-Quesnel, who died at age 42 in a traffic accident early on the morning of Tuesday, July 11. We extend our deepest condolences to his family and those who knew and cared for him, especially his beloved partner Sarah Wert, who was with him at the time of the accident and suffered non-life-threatening injuries. We also extend our love and support to congregants at the Unitarian Universalist Church of Olinda, where Rev. Solano-Quesnel served as settled minister since August 2018. We will announce other opportunities for remembrance and community care as they are planned.



Budget Requests Due TOMORROW July 15

It's that time of year again. As the church calendar year comes to a close the finance calendar starts to get ready for the new year. Some of you will have received the budget request form for 2024 this week.

If you have not received it and you are requesting budget inclusion through revenues, expenses, or plan to access funds, please visit <https://www.firstunitarianottawa.ca/budget-form.html> to submit your form online. **Budget requests must be submitted by July 15, 2023 in order for your team/committee to be included.** The budget process is an integral part to the calendar planning in a given year. Any questions or concerns please contact Michelle Jackson, Finance and Human Resource Manager.



Fall Fair 2023

Our beloved and biggest congregational fundraiser is coming up on **Saturday, November 18**, and we need your help to make the annual bazaar a success! Please gather top-condition items to donate, make some preserves to sell, tell your friends, and/or offer to volunteer. Questions? Contact Carol Card: fallfair@firstunitarianottawa.ca.



Campus Community Wellbeing Committee (CCWC)

To respond to the changing dynamics of our community as we enter the various phases of campus development, a new committee has been created. Members of this advisory group will represent the current and future campus partners by gathering, disseminating, and evaluating information and concerns regarding campus land use and community wellbeing. [Click HERE to read the introductory newsletter from the CCWC](#), which explains further the role of this new committee.

~*~

Visit our calendar for more upcoming events: <https://www.firstunitarianottawa.ca/calendar.html>

~*~

News from Our Friends

UH Pop-Up Clothing Sale



Thursday, July 20 - 2:30pm - In the Courtyard

The residents of Unitarian House invite you to their pop-up clothing and accessories sale. Join them in the courtyard, on Thursday, July 20, any time between 2:30pm and 4:00pm.