

Weekly e-UU Newsletter ~ Friday, June 23, 2023

We acknowledge that our campus is located on traditional, unsundered and unceded Algonquin Anishinaabeg Territory; and that the work of [reconciliation is a responsibility of our congregation](#), and of all Canadians.

Sunday, June 25, 2022
Online AND In Person
Starts at 10:30am EDT



Celebrating Indigenous Artists

Join us as we explore many generations of award winning Indigenous artists and their work in supporting Indigenous families and youth. Many of you will have heard of Buffy Sainte Marie and Susan Aglukark; have you heard of iskwē? Quantum Tangle? Or Tunchai Redvers?

Join us after the service, in Fellowship Hall, for Coffee Hour
Online Fellowship will be available at Noon

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Sunday Service Announcements

If you would like an announcement made during the livestreamed Sunday Service, please email the Board of Directors at bod@firstunitarianottawa.ca by Friday at 10am. Do allow for time in case there are questions with regard to the announcement. Also note that announcements may need to be edited for length and that time-sensitive announcements may be prioritized.

Joys and Sorrows

If you would like a stone placed in the water for you during the Joys and Sorrows portion of an upcoming Sunday Service, please email spiritualcare@firstunitarianottawa.ca by Friday at 10am.

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Children's Religious Exploration – Messy Church!

This Sunday is our last Messy Church until September!

We'll be outside, celebrating Summer with snacks, stories, and water games! Dress to get wet and have fun!

- Anyone above 12 will need to have been vaccinated
- Health checks will be conducted on site, but don't forget to [use the passive screening criteria on Sunday morning](#)
- Questions? Please email dre@firstunitarianottawa.ca



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Congregational Focus: Climate Action



We are winding down for summer, but remember: Contribute your input to the Climate Resiliency Strategy...and send us any books, videos or podcasts to add to our Personal Enrichment section.

Get the details here: <https://www.firstunitarianottawa.ca/climate-action.html>

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Caring Contacts for June

[Angela Beale](mailto:angela.beale@firstunitarianottawa.ca) - 613-233-5420

[Jan Glyde](mailto:jan.glyde@firstunitarianottawa.ca) - 613-680-0495

We are all interconnected, interdependent and minister to each other in many ways. Our monthly Caring Contacts take your phone calls and emails when you wish to alert us to a need or a concern or have a joy to celebrate. We try to ensure no one is forgotten and that appropriate help is provided when requested.

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Volunteering at FirstU

The Ajashki Project is looking for drivers. For details, click here.

Haven't completed the FirstU Participation Survey? Please click here to take part!

<https://www.firstunitarianottawa.ca/volunteer-with-us.html>

Chuck Shields, Volunteer Coordinator - volunteers@firstunitarianottawa.ca

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Read All About It



Masking Now Optional in All Church Events

The Board, on the recommendation of the COVID task force, has decided the time has come to make masks optional in all church events, including Sunday services, effective immediately. A section of the sanctuary will be designated as mask required for Sunday services as long as it seems necessary to do so.



Budget Requests Due

It's that time of year again. As the church calendar year comes to a close the finance calendar starts to get ready for the new year. Some of you will have received the budget request form for 2024 this week.

If you have not received it and you are requesting budget inclusion through revenues, expenses, or plan to access funds, please visit <https://www.firstunitarianottawa.ca/budget-form.html> to submit your form online. **Budget requests must be submitted by July 15, 2023 in order for your team/committee to be included.** The budget process is an integral part to the calendar planning in a given year. Any questions or concerns please contact Michelle Jackson, Finance and Human Resource Manager.



Seasonal Reminders

We are using our space more frequently since the pandemic has eased, and also the warmer weather brings the need to open windows and doors. Please remember when you leave, to close any windows you've opened, turn off lights and lock exterior

doors. If there are still other groups in the building, let them know you are leaving so that someone else can take responsibility for closing up properly. **For Zoom Requests - June 13-26**, please send your requests for a zoom link to zoominfo@firstunitarianottawa.ca.



Meditation Group On Summer Holidays

Mark your calendars! There will be no online meditation group sitting on the following dates:

June 28th

July 5th, 26th

August 2nd, 9th, 16th



Looking for Bikes and an Armchair

Ajashki is looking for a few items for our Future Food Warriors (program participants). First: a few adult-sized bikes for the FFWs. Any helmets, bike locks, bells, and lights would also be greatly appreciated. Second: we are looking for a gently-used armchair recliner. If you have any of these items and are ready to part with them, [please email Jen B.](#)



Sing with the Summer Choir!

FirstU's Summer Choir meets at 9:45 am on Sundays throughout the summer months to prepare the hymns and rehearse an easy anthem for the 10:30 am service. Everyone who enjoys singing is encouraged to join us!



Seeking Drivers

The Ajashki Food Security and Climate Change Learning Centre is seeking additional drivers to transport program participants. You would be making a big difference by making it easier for urban Indigenous youth to access this valuable program. Participants need to be dropped off at FirstU at 10:00 and picked up at 4:00 on Tuesdays and Thursdays. We pay your mileage!! If you can help even once or twice a week, please [contact Sharen B at sharenajashki@gmail.com](mailto:sharenajashki@gmail.com).

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Upcoming Events

FirstU Virtual Discussion Circle - Thursday, June 29 - 1:30pm - On Zoom

Discussion circles are held weekly, with a different topic each week. No pre-registration is required, just drop in by clicking on the link. We look forward to seeing you! This week, our topic is "**Empathy**".

If you have ideas for future discussion topics, please [email Andrew](#).

[ZOOM LINK](#) Meeting ID: 638 009 136 Password: 897007



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Visit our calendar for more upcoming events: <https://www.firstunitarianottawa.ca/calendar.html>

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News From Our Friends

Councillor Kavanaugh's Public Town Hall

Wednesday, June 28 - 6:30pm-8:30pm

30 Cleary AND on Zoom

Bay Ward Councillor Theresa Kavanaugh is organizing a pre-application public meeting to discuss our campus development plans, especially for nearby residents. There will be brief presentations from FirstU and our development partners, then a chance for Q&A. Come find out what the neighbours think, or come show your support for FirstU's proposed Little Village on our campus. This is a **hybrid** Town Hall; you can attend in-person at 30 Cleary, or attend virtually via Zoom. You can find out more, including how to register to attend the Zoom meeting [by clicking HERE](#).



Student Housing Sought for September

Hannah Lee Poy-Paxman, a UU who moved to Ottawa from Montreal to study Neuroscience and Mental Health at Carleton University, is looking for a short-term place to stay September-November of 2023. Having been to FirstU for CanUUdle, and having met some of the congregation, she's hoping someone has a room to rent to her. Her budget for rent (inclusive) is \$800. Email her at: hannahlpp1126823@gmail.com if you have a room available.

